

Have your SAY

Help us to create a Community Wellbeing Centre in Angus,
a place where people can
receive a compassionate
response to mental health distress
when they are in a crisis



We want to hear from:

- Members of the public with an interest in Mental Health and Wellbeing
- Staff who support Mental Health and Wellbeing
- People with lived experience of using mental health services in Angus , their family & carers

Join one of our **online sessions** to have you say:

Thursday 7 December at 1-2pm or 3-4pm

Monday 11 December 11-12pm or 1-2pm

Just scan the QR code to book through eventbrite:



Come and attend a **face to face** focus group with Angus Voice if you have **lived experience** of mental health and wellbeing.

Angus Carers Centre, 8 Grant Road, Arbroath - **Friday 15 December** from 2-4pm.

Third Sector Centre, 5-7 The Cross, Forfar - **Friday 8 December** from 2-4pm.

To secure your place phone 07932 775 651
or email sapphire@angusvoice.co.uk

You will have the opportunity to come and speak to us at local venues, and complete our online or paper survey in December. Details of these will be sent out separately.